Dr. Robert Moore, was a transpersonal psychoanalyst, theologian, and co-author of several books on his Jungian-based four-quarter model--Sovereign, Warrior, Lover, Magician. These are excerpts from his responses to a September 1991 90-minute interview with Norm Smookler.

We need to think of personal and leadership development in terms of initiatory process and stages of maturation. All growth starts by increasing our self awareness. Studying the psyche and different psychological systems teaches us about our basic hardwiring and plumbing as humans, but these are not a secular substitute for the sacred and spirituality. For example, Jung’s psychology, as deep as it is, can not replace the Divine. Our heart and mind are the “earth receiver” for the invisible, so one needs to know how the receiver works; one needs to know the map. Studying the map is worth the investment of time.

Jung identified the receiver as having the shape of an octahedron or diamond, two pyramids base to base. A pyramid for the masculine self and the feminine self within each one of us. The mystics called this the “Imago Dei” or the image of god within. Fifty or more cultures built pyramids at the same time and almost all cultures have a sacred mountain. Almost every people in the world divide the world into four quarters, four directions, four rivers, or four snakes. External manifestations of the inner receiver.

In my work I believe I stumbled inadvertently on decoding the quadrated and diamond body of the self. Each facet needs to be developed in one’s process of individuation to better prepare the receiver to hear the message. One can think of the task of “dancing the four quarters” as the traditional image of the fully-developed person. I call the four quarters: Sovereign-- Blessing, stewardship, and inclusive nurturing. Warrior—Healthy Aggression and effective action. Magician--Cognitive function and understanding. Lover—Affection, Joyful embodiment, and sexuality.

Using this map one can do a diagnostic, assessing what has been developed and what still needs to be developed. Building one’s personal pyramids with granite blocks. Where are the blocks present and where do they still need to be built? We are invited to be co-builders with the sacred in assembling our “earth receiver.”

Start by addressing strengths. Give credit for the parts in yourself and others that have already been developed. This gives a strong beginning. Blessing is such an inspirational component built into us as humans and is present in all traditions. We need to learn to bless each other. If we would always start with people being recognized, lifted up, and celebrated then so much healing would break out.

Feedback from others is essential in this building process. Address shortcomings in a constructive way. Unconsciousness is very powerful, I like to call it “enchantment” and it is not voluntary, it is part of our bondage. We need friends and associates to help liberate each other from this enchantment. One mark of maturity is welcoming input more and more knowing it is liberating.

Mentoring is the capacity to primarily bless the promising gifts but not ignore what needs work. As a mentor we realize that all relationships at their heart are reciprocal. Research show that even between the infant and the mother it is proven that the mother needs the infant’s feedback in order to help her be a great mother.